

Links to Restaurant Nutrition Information

2/1/2010

Applebees

<http://www.livestrong.com/thedailyplate/search.php?q=&b=Applebee%27s&so=&page=1>

Arby's

http://www.arbys.com/nutrition/Arbys_Nutrition_Website.pdf

Boston Market

<http://www.bostonmarket.com/restaurant/printableNutrition.jsp>

Burger King

http://www.bk.com/cms/en/us/cms_out/digital_assets/files/menu_nutrition/RegionalNutritionals.pdf

Carraba's

<http://www.thedailyplate.com/nutrition-calories/food/carrabbas>

Chili's

http://www.chilis.com/EN/Nutritional%20Information/Chilis_Nutrition_Menu_Generic.pdf

Don Pablo's

<http://www.donpablos.com/pdfs/NutritionalGuide707.pdf>

Domino's Pizza

http://cache.dominos.com/homev8/docs/menu/dominos_nutrition_v2.21.00.pdf

Dunkin' Donut's

<https://www.dunkindonuts.com/aboutus/nutrition/nutrition.pdf>

Kentucky Fried Chicken

http://www.kfc.com/nutrition/pdf/kfc_nutrition.pdf

McDonalds

http://nutrition.mcdonalds.com/nutritionexchange/nutrition_facts.html

Olive Garden

<http://www.olivegarden.com/menus/printable/NutritionInformation.pdf>

Outback Steakhouse

<http://www.outback.com/foodandmenus/NutritionSelection.aspx>

Panera Bread

<http://www.panerabread.com/pdf/nutr-guide.pdf>

Perkin's

<http://nc.perkinsrestaurants.com/PerkinsNC>

Pizza Hut

<http://www.pizzahut.com/Files/PDF/Pizza%20Hut%20Nutrition%20Info%2010.12.09.pdf>

Ruby Tuesday's

<http://www.rubytuesday.com/files/allergen.pdf>

Starbuck's

http://www.starbucks.com/retail/nutrition_comparison_popup.asp

Subway

<http://www.subway.com/subwayroot/MenuNutrition/Nutrition/pdf/NutritionValues.pdf>

Taco Bell

<http://www.tacobell.com/nutrition/information>

Texas Roadhouse

<http://www.thedailyplate.com/nutrition-calories/food/texas-roadhouse>

TGI Friday's

<http://www.thedailyplate.com/nutrition-calories/food/tgi-fridays>

Wendy's

<http://www.wendys.com/food/pdf/us/nutrition.pdf>

Wing Street:

<http://www.pizzahut.com/Files/PDF/Updated%20WS%20Brochure%2006.11.09.pdf>